PHILOSOPHICAL ASPECTS OF CONTEMPORARY LOVE LYRIC POETRY

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Summary. This article examines the philosophical aspects of contemporary love lyric poetry and its relationship with human consciousness, personal freedom, loneliness, time, and the meaning of life. It explores the artistic interpretation of love, the inner experiences of the lyrical subject, and the transformation of interpersonal relationships in modern society. Particular attention is given to the aesthetic and spiritual significance of love poetry.

Keywords: contemporary poetry, love lyrics, philosophical thought, lyrical subject, human consciousness, personal freedom, loneliness, spiritual values.

INTRODUCTION

Love is a complex spiritual and psychological phenomenon that has always occupied an important place in the history of human thought and artistic creativity. In addition to expressing human emotional experiences, it also shapes an individual's attitude toward life, oneself, and other people. For this reason, the theme of love in literature has gone beyond the simple expression of romantic affection and has become an important means of exploring philosophical issues such as human existence, the meaning of life, freedom, fidelity, and spiritual growth.

The distinctive feature of contemporary love poetry is that love is portrayed not merely as a romantic emotion or a relationship between two individuals, but as a phenomenon closely intertwined with the individual's inner world, spiritual quest, and outlook on life. Through love, the lyrical persona seeks to understand their own identity, evaluate life choices, and comprehend the true nature of human relationships.

In today's era of globalization, changes in social relationships, the growing emphasis on individualism, the expansion of digital communication, and the increasing demand for personal freedom are also influencing the interpretation of love.

Under these circumstances, issues such as spiritual loneliness, trust, fidelity, separation, and mutual understanding acquire particular significance in contemporary love poetry. The aim of this article is to explore the philosophical essence of contemporary love poetry and analyze the artistic representation of human psychology, individual freedom, loneliness, and the meaning of life within it.

METHODS

The study employed descriptive-analytical, comparative, philosophical interpretative, and literary-theoretical generalization methods. The content of love poetry was examined on the basis of theoretical perspectives related to human existence, freedom, spiritual values, and interpersonal relationships.

The theoretical framework of the study was based on Erich Fromm's interpretation of love as an active spiritual process, Jean-Paul Sartre's philosophical conception of freedom and responsibility, and the issues of contemporary human relationships explored in the works of Anthony Giddens and Zygmunt Bauman. These theoretical perspectives make it possible to interpret the images and motifs in love poetry within a broader philosophical context.

RESULTS AND DISCUSSION

The main characteristic of love poetry lies in its attempt not only to artistically express the emotional experiences of the human heart but also to understand their underlying causes. Through love, the lyrical persona re-evaluates their desires, fears, hopes, and outlook on life. In this respect, love is closely associated with the process of self-discovery and self-understanding.

In his work *The Art of Loving*, the German philosopher Erich Fromm interprets love not merely as an emotional state but as a spiritual activity that requires knowledge, care, respect, and responsibility [1]. This perspective serves as an important theoretical foundation for understanding contemporary love poetry. Genuine love, in this sense, does not involve subordinating another person to oneself; rather, it entails recognizing and respecting their independence as an individual.

In contemporary poetry, the philosophical meaning of love is often revealed through inner conflicts. On the one hand, the lyrical persona longs for intimacy and affection, while on the other hand, they strive to preserve their personal freedom. They may wish to love but simultaneously fear separation, the loss of trust, or emotional suffering. Such experiences demonstrate the complex role that love plays in human life.

In love poetry, the motifs of love, separation, and longing give rise to fundamental questions about human existence. Whom does a person love, why do they love, and how does this feeling transform their life? These questions define the philosophical essence of the theme of love.

Thus, in contemporary love poetry, love emerges not merely as an emotional experience but also as a spiritual journey that helps individuals understand themselves and the world around them.

One of the key philosophical issues in contemporary love poetry is the relationship between individual freedom and love. On the one hand, individuals seek spiritual intimacy with another person; on the other hand, they strive to preserve their individuality, personal beliefs, and independence. For this reason, love can be interpreted both as a phenomenon that restricts freedom and as a relationship that enriches individuals spiritually.

In Jean-Paul Sartre's philosophy, human freedom is intrinsically linked to choice and responsibility. Individuals determine the course of their lives through their decisions and are accountable for their consequences [2]. Applying this principle to love poetry reveals that love is not merely a feeling that arises involuntarily, but also a phenomenon associated with conscious commitment and responsibility.

In the inner experiences of the lyrical persona, this conflict is often expressed through the concepts of "I" and "We." The concept of "I" represents individual independence, aspirations, and the inner world, whereas "We" expresses mutual trust and spiritual unity between two people. The spiritual maturity of love is determined by the harmonious integration of these two concepts.

When love becomes a means of controlling another person, restricting their choices, or forcing them to submit to one's own desires, the spiritual essence of the relationship is weakened.

On the contrary, love based on mutual respect, trust, and freedom of choice creates opportunities for individuals to develop as persons.

In contemporary love poetry, separation is not always interpreted as a defeat. In certain literary contexts, it may be associated with an individual's ability to make independent decisions, recognize their own self-worth, or acknowledge another person's freedom. Thus, in love poetry, freedom and responsibility emerge as interrelated philosophical categories.

Loneliness is one of the key motifs in contemporary love poetry. It refers not only to physical isolation but also to the feeling of being emotionally misunderstood or alienated, even when surrounded by other people. The lyrical persona's loneliness is often associated with an attempt to understand their inner world. In the absence of a beloved, the individual may long not only for another person but also for their former self, forgotten dreams, and lost opportunities. Thus, longing is not merely a desire to return to a past relationship; it is also a process of re-evaluating one's life experiences.

In contemporary poetry, images such as an empty room, night, rain, a distant road, and an unanswered letter may serve as symbolic expressions of emotional loneliness. However, the precise meaning of these images depends on the content and artistic context of each poem.

The philosophical significance of the motif of loneliness lies in its demonstration that complete unity between two individuals is impossible and that every person possesses a unique inner world. Love creates intimacy, but it does not entirely eliminate an individual's independent spiritual experience.

The concepts of time and memory also occupy a significant place in love poetry. When individuals recall past love, they reconstruct not only the events that took place but also the emotions and psychological states they experienced during that period. Therefore, memory is an important factor in shaping the lyrical persona's present outlook on life.

Time affects love in different ways. In some relationships, it strengthens mutual trust and affection, while in others, it gives rise to distance, misunderstanding, and separation. This contradiction demonstrates that, in love poetry, time possesses not only a natural dimension but also a psychological one.

The past, present, and future acquire different meanings in the consciousness of the lyrical persona. The past may be associated with memories and regrets, the present with inner conflicts, and the future with hope or uncertainty. Consequently, love influences how individuals perceive time and evaluate their lives.

The awareness of the finiteness of human life also enhances the value of love. As individuals become increasingly conscious of the transience of life, they may develop a deeper appreciation of the time spent with their loved ones, sincere relationships, and emotional intimacy. In this sense, the motifs of time and memory in love poetry serve to deepen the understanding of the meaning of human life, the value of past experiences, and one's responsibility toward the future.

The philosophical meaning of love poetry is revealed through its artistic means of expression. Metaphors, symbols, contrasts, interior monologues, and rhetorical questions serve to convey the psychological state of the lyrical persona. For example, night may be used as a symbol of loneliness, dawn as a symbol of renewed hope, and a road as a symbol of life's search for meaning and the process of making

choices. Such images convey abstract philosophical concepts in an emotional and aesthetic form. At the same time, their meaning is determined by the overall composition of the poem and the author's artistic intention. The spiritual significance of love poetry lies in its ability to encourage individuals to understand the experiences of others, respect their dignity, and reassess their own relationships. Literary works can enrich readers' emotional experiences and help them recognize the aspects of love associated with responsibility, trust, and mutual respect.

Thus, the aesthetic power of love poetry is manifested in its figurative representation of the human inner world, while its philosophical significance lies in its capacity to provide opportunities for understanding the meaning of life and human values through emotional experience.

CONCLUSION

The analysis of the philosophical aspects of contemporary love poetry allows the following conclusions to be drawn. First, love in contemporary love poetry is presented not merely as an emotional experience but as a spiritual phenomenon that influences individuals' self-understanding, the formation of their outlook on life, and their reassessment of relationships with others. Second, the relationship between individual freedom and love represents one of the key philosophical issues in contemporary poetry. Relationships based on mutual respect, trust, and responsibility enable individuals to achieve emotional intimacy while preserving their individuality. Third, the motifs of loneliness and longing reveal the complexity of human psychology, the distance between individual inner worlds, and the need for spiritual intimacy. Fourth, time and memory deepen the meaning of love and encourage individuals to reflect on their life experiences, the transience of existence, and the value of life. Fifth, although social and technological changes in contemporary society influence the artistic interpretation of love, spiritual values such as fidelity, trust, respect, and responsibility continue to retain their significance. In general, contemporary love poetry can be regarded as an important literary phenomenon that explores human psychology, individual freedom, the meaning of life, and spiritual values from an artistic and philosophical perspective. Its fundamental significance lies not only in expressing the emotion of love but also in creating opportunities for individuals to gain a deeper understanding of themselves and the world around them.

References

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Rezyume. Mazkur maqolada zamonaviy muhabbat lirikasining falsafiy xususiyatlari, inson ruhiyati, shaxs erkinligi, yolg‘izlik, vaqt va hayot mazmuni bilan bog‘liq jihatlari tahlil qilinadi. Muhabbatning badiiy tafakkurdagi o‘rni, lirik qahramonning ichki kechinmalari hamda zamonaviy jamiyatda insonlararo munosabatlarning o‘zgarishi yoritiladi. Shuningdek, muhabbat lirikasining estetik va ma’naviy ahamiyati falsafiy qarashlar asosida izohlanadi.

Резюме. В статье анализируются философские особенности современной любовной лирики, её связь с внутренним миром человека, личной свободой, одиночеством, временем и смыслом жизни. Рассматриваются художественная интерпретация любви, внутренние переживания лирического героя и изменения межличностных отношений в современном обществе. Особое внимание уделяется эстетическому и духовному значению любовной поэзии.

Kalit so‘zlar: zamonaviy she’riyat, muhabbat lirikasi, falsafiy tafakkur, lirik qahramon, inson ruhiyati, shaxs erkinligi, yolg‘izlik, ma’naviy qadriyatlar.

Ключевые слова: современная поэзия, любовная лирика, философское мышление, лирический герой, внутренний мир человека, личная свобода, одиночество, духовные ценности.